

NSS ANNUAL SPECIAL CAMP 2021-22(LMCST)

31-12-21(DAY 8)

9.30 - 11.00 Academic Session 10: "Significance of National Service Scheme in Modern Society", (Prof. T.M. Daisylet, Associate Professor in Economics(Red)) Former NSS Program Officer, Christian College, Kattakada)

11.00 - 11.30 Tea break

11.30 - 1.00 Academic Session 11: "Fire Safety Tips", Thulasiakshara S (Station Officer), Fire Station, Kattakada

1.00 - 2.00 Lunch break

2.00 - 5.00 Community activity

5.00 Camp Evaluation

Lights off

01-01-22(DAY 9)

7.00 Morning Exercise

8.00 Morning Assembly

8.30 Yoga

9.00 Breakfast

9.30 - 11.30 Academic Session 12: "Values in our life", Fr. Tony Mundunadakkal Ex-Director Lourdes Matha Group of Institutions

11.00 - 11.30 Lunch break

11.30 - 12.30 Academic Session 13: "Self Development", Shri. Brahma. Nayakam Mahadevan, Founder President, Sahajeevan Community Service

2.00 - 3.00 Camp Evaluation

7.00 Lights off

02-01-22(DAY 7)

7.30 Morning Exercise

8.00 Morning Assembly

8.30 Yoga

9.00 - 9.30 Breakfast

9.30 - 1.00 Cultural program

1.00 - 2.00 Lunch break

2.00 - 4.00 Closing Ceremony

RULES TO BE FOLLOWED

- Maintain social distance
- Wear mask
- Use sanitizer in each hours
- If any covid symptoms, inform earlier

Special Thanks to

1. Dr. Joy Varghese, KTU NSS Cell
2. KSEB Kattakada
3. Fire Station, Kattakada
4. Kuttichal Panchayath
5. Police Station, Kattakada
6. LMCST Management Staff
7. Senior NSS Volunteers

LOURDES MATHA COLLEGE OF SCIENCE AND TECHNOLOGY



NSS ANNUAL CAMP 2021-22



Government of Kerala
Directorate of Technical Education

NATIONAL SERVICE SCHEME TECHNICAL CELL

Unit No: 525 & 529
27 DEC 21 to 2 JAN 22



About NSS

NSS primarily stands for channelizing the students youth for building the nation based on the motto "Not Me But You". The aim of NSS is the personality development of students through community service. The NSS units of Lourdes Matha College of Science and Technology decided to conduct the NSS special camp from 27th December 2021 to 2nd January 2022 at Lourdes Matha College of science and technology, Kuttichal. The undertaken project is Public Awareness on Energy management SAURA project and Electrical safety.

Co-ordinators,

Prof. Soorya S. H (9440588388)
Prof. A. SHITHA S. S (9447491885)
Prof. Karthik Narayanan M (9828278933)
Prof. Dinesh J. S (9847193324)

Projects taken:

Public Awareness on Energy management, SAURA project and Electrical Safety

27-12-21(DAY 1)

3.00 pm Inaugural function-NSS song
Welcome speech-NSS team
Presidential Address
Dr. P.P. Mohandas,
Principal, LMCST
Inauguration & Inaugural address:
Fr. Tony Joseph
Padiyaveetil,
Director, LMCST

Facilitation

Fr. Tony Mundunadakkal
(Ex-CC, Director, LMCST)
-Prof. Susanth S.G (Former P.O.)
-Prof. Sajith Krishnan (Former P.O.)
-Mr. Soori, R.S, LMCST, Indian Navy
(NSS in-charge)
-Mr. Adresh R Nair (NSS in-charge, Vol.Secretary)

Vote of Thanks

NSS Team
7.00 pm Experience sharing and team formation by seniors

28-12-21(DAY 2)

7.30 Morning Exercise

8.00 Morning Assembly

10.00 Academic Session 1: Importance of YOGA, Sri. Lijaz, P.N., Yoga Trainer, Art of Living

3.00 Academic Session 2: "Moving to Mastery" Prof. Mahesh K S Asst. Prof & TPO, Dept of Management Studies, LMCST

7.30 pm Academic Session 3: "Energy Management" Fr. Usha, T.S, Asst. Executive Engineer, KSEB Kozhikode

29-12-21(DAY 3)

7.30 Morning Exercise

8.00 Morning Assembly

10.00 Academic Session 4: "Anaemia campaign is", Dr. Haripriya K.N. (BSMS, MSc- CND), Homoeopathic consultant & clinical nutritionist (Valluvadi Block)

4.00 pm Academic session 5: "E-mobility", Dr. Rajan Pullagadda, Senior Consultant, Maruthi KSI

7.30 pm Academic session 6: "Indian Power Sector & Renewable Energy", Fr. Nandakumar N, Assistant Engineer, Saur Project

30-12-21(DAY 4)

7.30 Morning Exercise

8.00 Morning Assembly

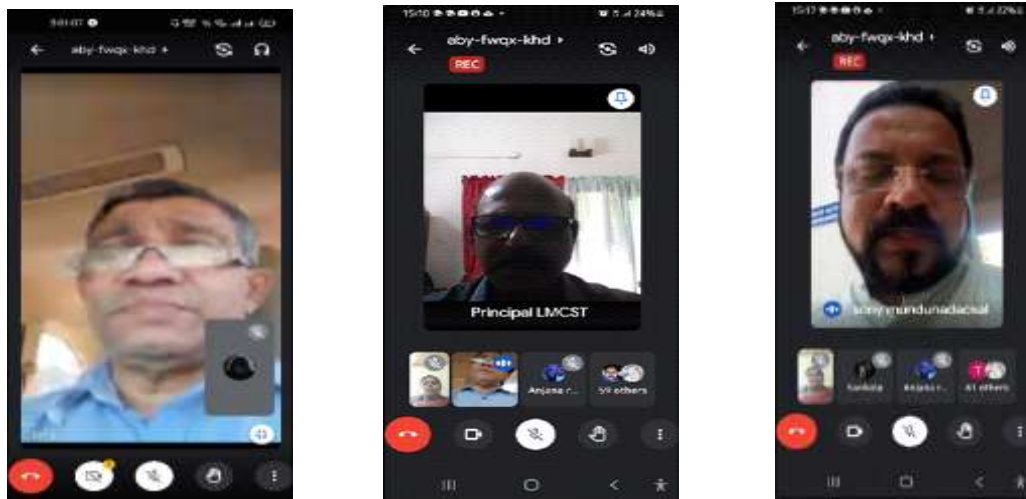
10.00 Academic Session 7: "Electrical Safety measures", Fr. N. JOTHIRAJ, Assistant Executive Engineer, Electrical subdivision, Kattakada

3.00 pm Academic Session 8: "Nurturing habit of leadership", Dr. Manoj M, Faculty, Mentor, Entrepreneur, Motivational Speaker, Professor, Dept of ECE, Marian Engg College,

7.30 pm Academic Session 9: "Electrical Safety", Fr. Shyri K.P, Assistant Engineer, Electrical Section Central Kozhikode, KSEB LTD

NSS Special camp is conducted from 27 Dec '21 to 2 Jan '22 at Lourdes Matha College of Science and Technology college campus because of covid situation.

Lourdes Matha College of Science and technology, 2020-22 NSS technical cell has organized a 7 day camp (4 days online and 3 days offline) at Lourdes Matha college . 59 students have registered from 525 and 529 unit for the camp. At exactly 3:00 pm, NSS program officers Prof. Dijin sir, Prof. Karthik sir, Prof. Soorya miss, Prof. Ashitha miss, principal Dr P.P Mohanlal joined with us. The inaugural function started with the prayer song by Ms. Gouri Nandana. The welcome speech was delivered by Mr. Anandha Krishnan. Our Director Fr. Dr. Tomy Joseph Padinjareveetil who inaugurated and delivered the inaugural address. The felicitation was done by our Executive Director of LMCST Rev. Fr. Sony Mundunadackal .



After that, Former NSS Program Officers Sushant Sir and Sajith Sir congratulated everyone. They explained the importance of NSS and the work to be done. The NSS inspired everyone by convincing them that the growth of the community is the duty of every individual. Former 2016 - 2018 NSS Volunteer Mr. Sooraj RS, LMED, Indian Navy ,He shared with others about his NSS experiences and the importance of NSS and what inspired this movement in his life.. Former NSS program officers, former NSS unit secretaries also conveyed great messages. The function was anchored by Ms. Anjana Rani .

At 7:00 pm Mrs. Prof. T M Daisylet, Former NSS Program Officer, Christian College Kattakada who has been working as a program officer for more than 10 years. She also gave a special training in NSS Geetha and NSS clap. The former unit secretaries shared their experiences and provided guidance to bring this program a great success. At 9:45 pm volunteers created 9 teams to perform the task throughout the camp.

The 9 Teams include NEELAKURINJI, PHOENIX, LAVENDER, MAYIL, DAFFODILS, BLUE BELL, FALCON, NIGHTINGALE and STRIX VARIA. *The facult coordinators Prof.Soorya and P r o f . Ashitha* gave guidance for smooth working of the camp and to have a Volunteer level disciplined camp.

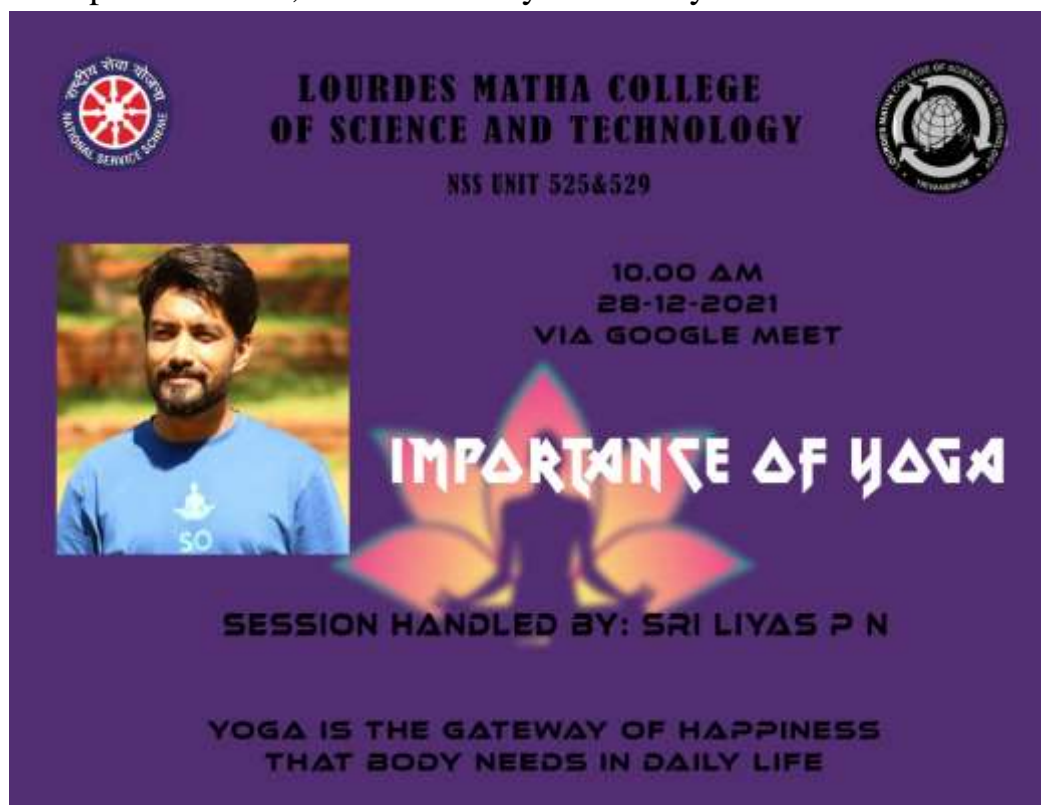
(28-12-2021)

Lourdes Matha College of Science and Technology, NSS camp 2020-2022 second day in online mode. The morning exercise session started at 7:30am and the session was coordinated by the team Strix Varia. Mr. D.R.Gokul of Blue bell team led the morning exercise.



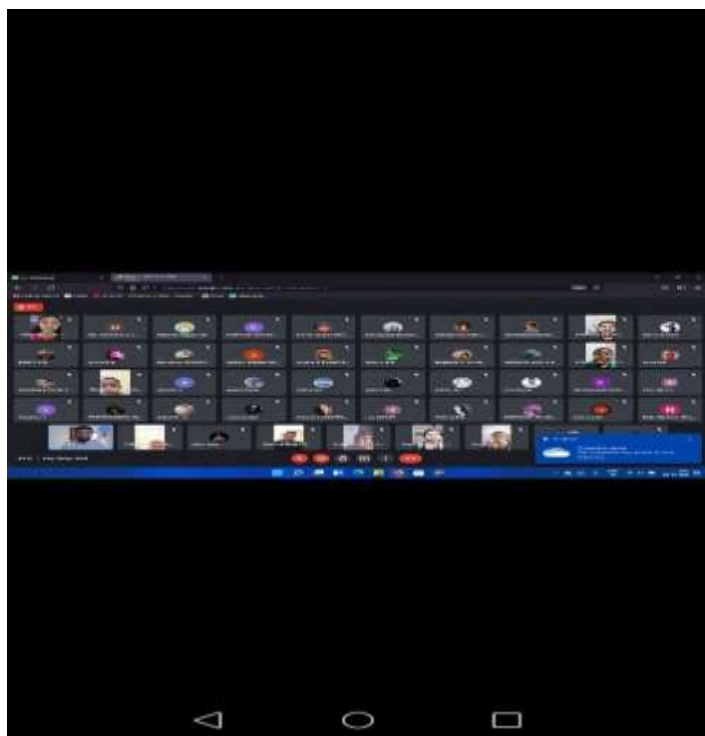
The next session was the morning assembly at 8.00am. The assembly was coordinated by the teams Lavender and Phoenix. Compering was done by Mr. Vysakh and Mr.Akhil (Phoenix) .NSS Anthem was sung by Ms.Parvathy .P.S. (Lavender). Welcome speech was delivered by Ms.Vaishnavi J.M. (Lavender). Then the Geetha quotes, Bible quotes and Quran quotes was delivered by Mr.Ashwin S.B. (Phoenix), Ms.Dona Mariya(Lavender) and Mr.Abdul Rahim(Phoenix) respectively. Then the camp news English and camp news Malayalam was delivered by Ms.Bincy (Phoenix) and Mr.Kailas (Lavender).Daily news English and Malayalam was delivered by Mr.Vishnu Mahesh and Mr.Karthik Satheesh of Lavender team. Light music was sung by Ms.Gouri Nandana V.S. (Phoenix). And vote of thanks was delivered by Ms.Parvanendhu .M.B (Phoenix).And the assembly was dispersed by National Anthem sung by Ms.Gouri Nandhana V.S.

The next session was an academic session. The first academic session of the camp at 10.00am, coordinated by team Mayil. NSS Anthem was sung by



Ms.Nayana Reghu. Compering and welcome speech was done by Ms.Anjana .S and Ms.Arathy S.B. respectively. The session was about the “IMPORTANCE OF YOGA”and was handled by Sri.Liyaz P.N. [Yoga Trainer, Art of Living].

The session was so interesting and so calm. Majority of the students turned on the camera and actively participated in the session. A few yoga practices in sitting posture was also a wonderful experience for us in online mode.



And at last by the vote of thanks delivered by Mr.Anandha Krishna A.S. the session winded up successfully.


The second academic session was at 3.00 pm coordinated by team Daffodils. Welcome poster was presented by Mr.Navin and then the compering was done by Mr.Jishnu S. Ms Anuja B.S sung the NSS Anthem and then the welcome speech was delivered by Mr.Rejo Mathew J.R. The session was a motivational one about the topic “MOVING TO MASTERY” and was handled by Prof.Mahendra K.S [Asst. Prof. &TPO – Dept. of Management Studies, LMCST]. It was a wonderful session. Sir, said that we should be a self- motivator and be a king of your own life. It was really a motivational session.



LOURDES MATHA COLLEGE OF SCIENCE AND TECHNOLOGY

NSS UNIT 525&529





3:00PM
28/12/2021
VIA GOOGLE MEET

MOVING TO MASTERY

SESSION HANDLE BY :PROF. MAHENDRA .K.S
 ASST PROF & TPO - DEPT OF MANAGEMENT STUDIES, LMCST.

Mastery is a journey, and that the master must have the courage to risk failure.
George Leonard

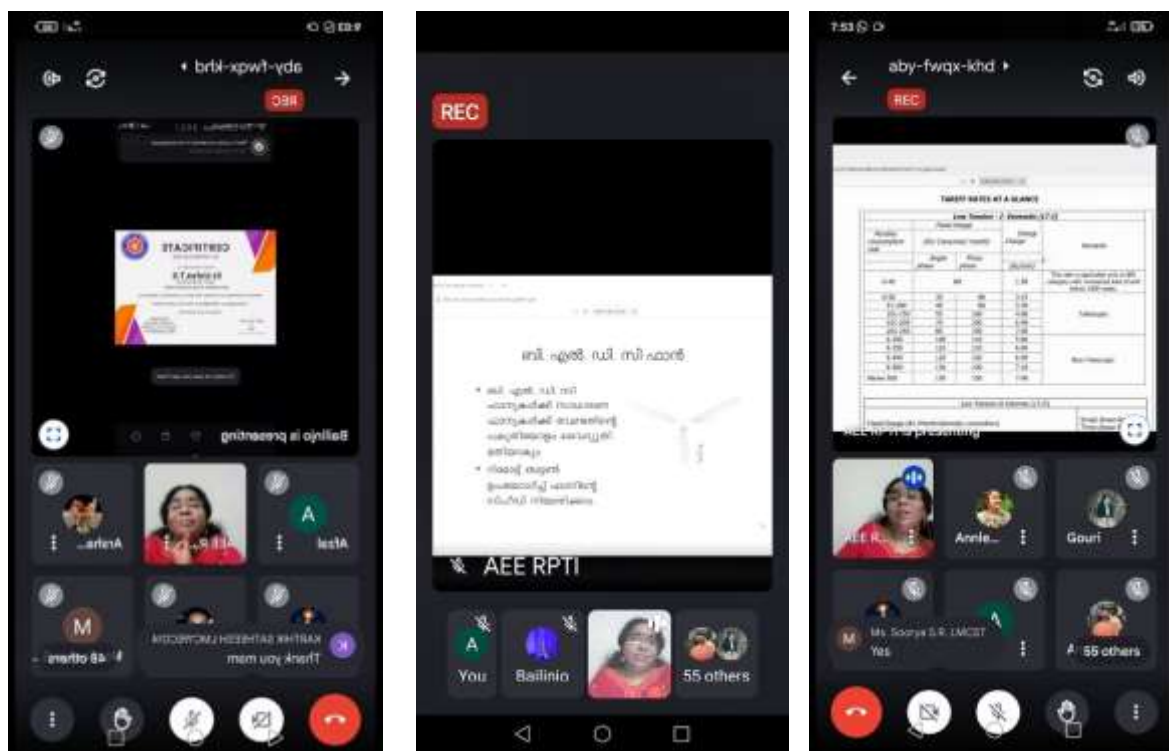


And after the session a certificate of appreciation was presented virtually. At last, the session was ended by the vote of thanks and winding up by Ms.Shifa and Ms.Annlet.



The third academic session was at 7.30pm, coordinated by the team Nightingale. The session was about “ENERGY MANAGEMENT” and was handled by Er.Usha T.S [Asst. Executive Engineer,KSEB,Kozhikode].Compering , NSS Anthem and welcome speech was delivered by Ms.Arsha.S.Raj, Ms.Adhithya Anil A.S. and Mr.Abhishek Jose respectively.The session was a very important one for our community service. Ma’am said about Renewable & Non-renewable resources, Telescopic & Non-telescopic and also about the electrical appliances – how to use it properly by not increasing the electricity bill.





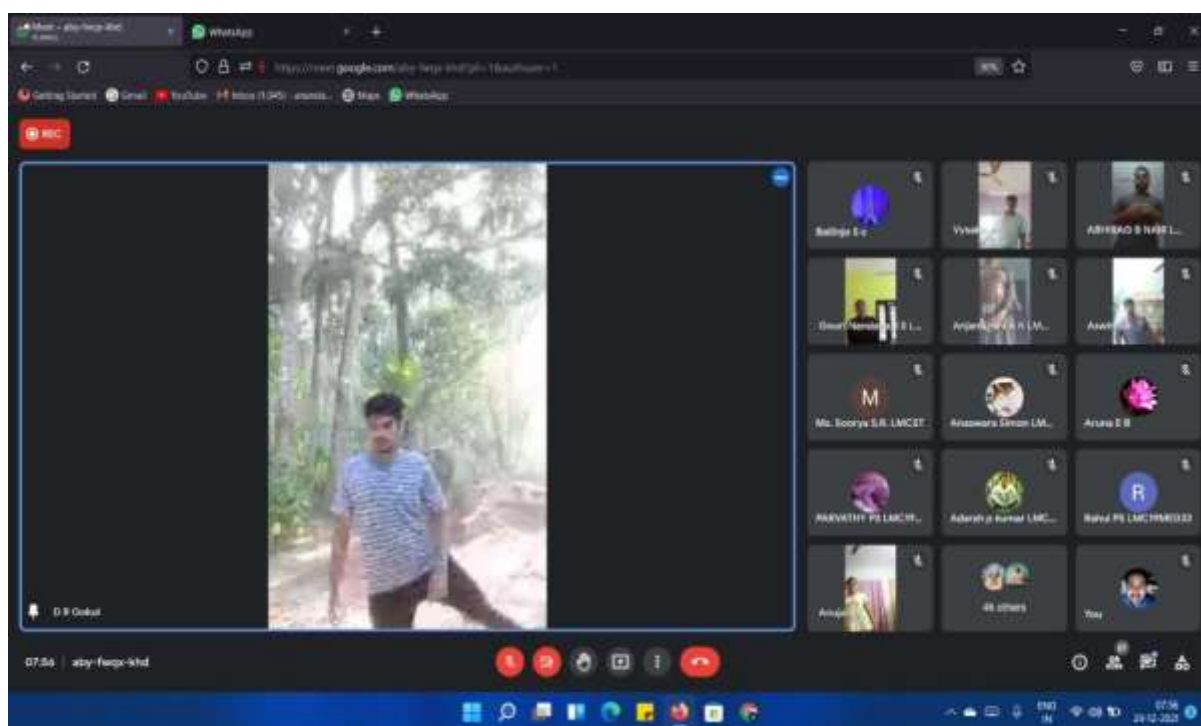
It was a very useful session. After the session, a certificate of appreciation was given virtually. At last, the vote of thanks was delivered by Jayashankar R.L.



After all the sessions and activities, camp evaluation was there headed by NSS program officers Asst.Prof.Sooraya S.R. and Asst. Prof.Ashitha S.S. They give guidance and corrected our mistakes for the best progress in activities. And then, the team leaders of various groups shared their experience about the second day and all were very interested and active. After all activities, the second day of the camp winded up successfully at 9.00pm.

(29-12-2021)

NSS camp 2020-2022 third day is conducted in online mode. The morning session started at 7:30am and the session was coordinated by the team Phoenix MR. DR Gokul of the Blue bell team led the morning exercise.

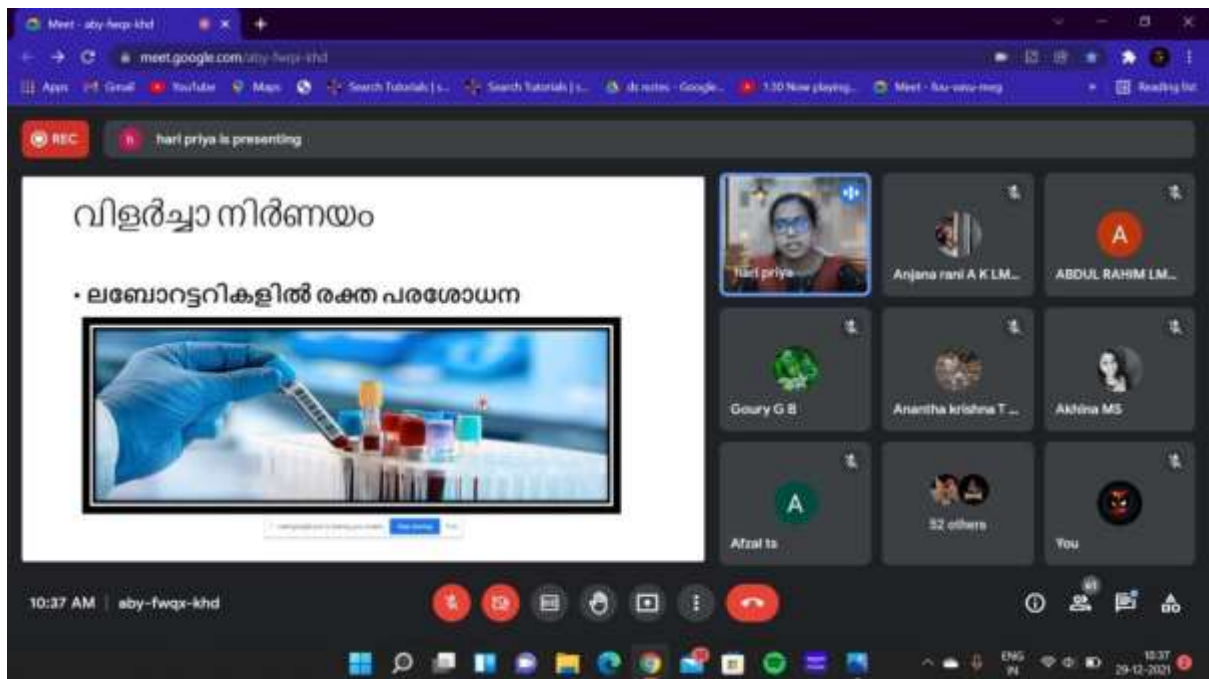
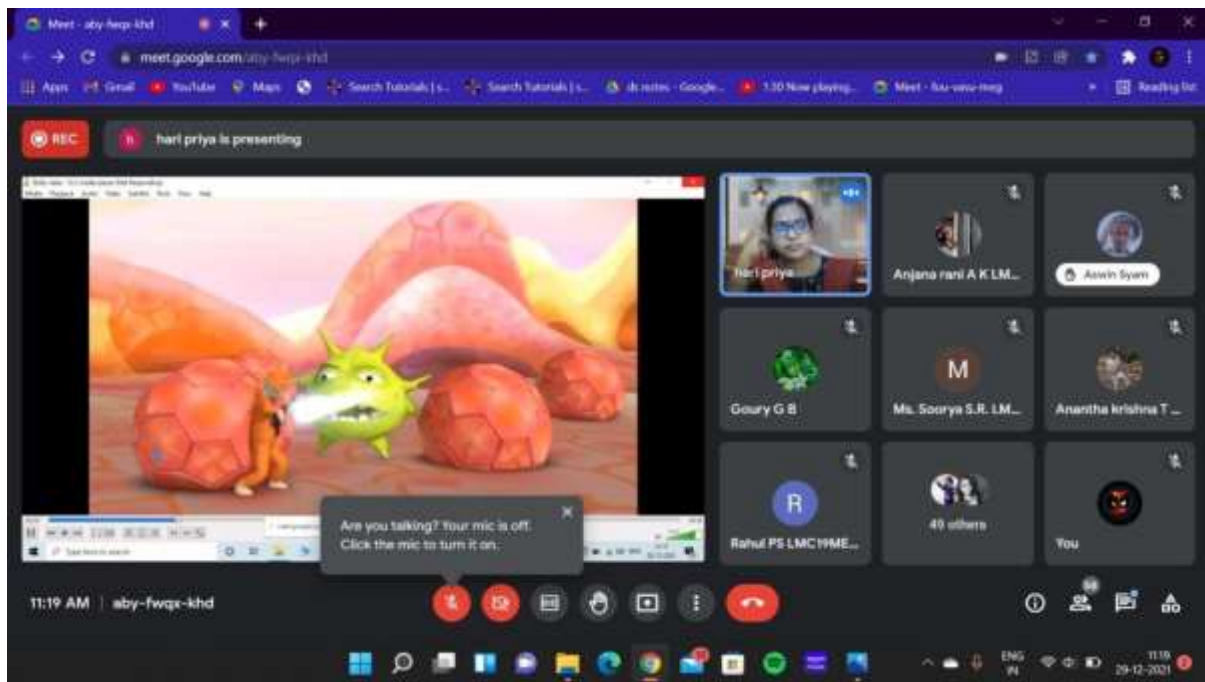




The next session was the morning assembly at 8.00 am. The assembly was coordinated by the team Neelakurinji and Falcon compering was done by Ms. Akhina (Neelakurinji) . NSS anthem was sung by Ms. Aruna (Neelakurinji). Welcome speech was delivered by Ms. Nandhana (Falcon). Then the Geetha quotes, Bible quotes and Quran quotes was delivered by Mr. Akhil (Neelakurinji) ,Ms. Vidhu W.S (Falcon),and Ms. Anaswara (Falcon) respectively. Then the camp news English and Malayalam was delivered by Mr. Hari Krishnan (Neelakurinji) and Mr. Akhil A.S (Falcon). Daily news English and Malayalam was delivered by Mr. Adarsh (Falcon) and Ms. Anaswara (Falcon). Light music was sung by Mr. Bino (Falcon) and vote of thanks was delivered by Ms. Aparna (Neelakurinji). Assembly was dispersed by National Anthem sung by Ms. Akhina (Neelakurinji). The next session was an academic

session. The session started at 10.00 am, coordinated by team Strix Varia. NSS Anthem was sung by Mr. Ananda Krishnan. Compering and welcome speech was done by Ms. Anjana Rani and Gowri respectively. The session was about “Anemia campaign 12” and handled by DR. Haripriya KN (BHMS ,MSC CND Homeopathic, consultant& clinical nutritionist)





The session was so interesting and calm. Majority of the students turned on the session. At last vote of thanks delivered by Mr. Kannan Sathesh .The session winded up successfully.



The second academic session was at 3.00 pm coordinated by team Nightingale. Compering was done by Mr. Bailin . NSS Anthem was sung by Ms. Arsha.

Welcome speech was done by Mr. Afzal. The session was about “E Mobility” and handled by Dr. Rajan Pullaghad (Senior Consultant Morison KSI). The session helped us to understand the concept and importance of “GO Electric Campaign “. The session was informative and interesting.

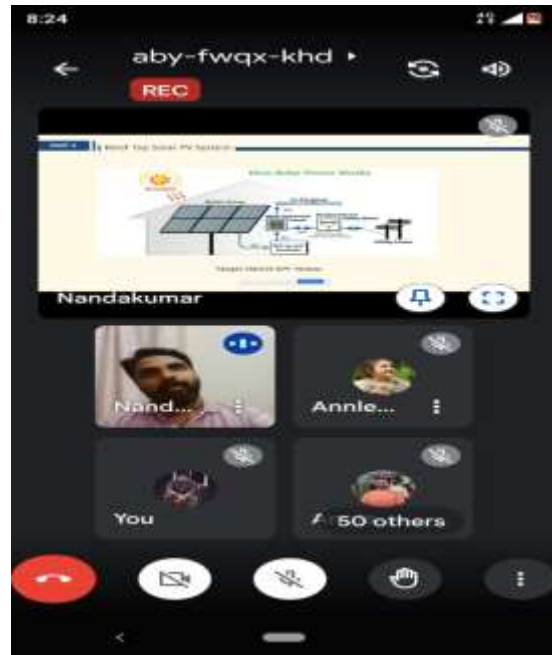
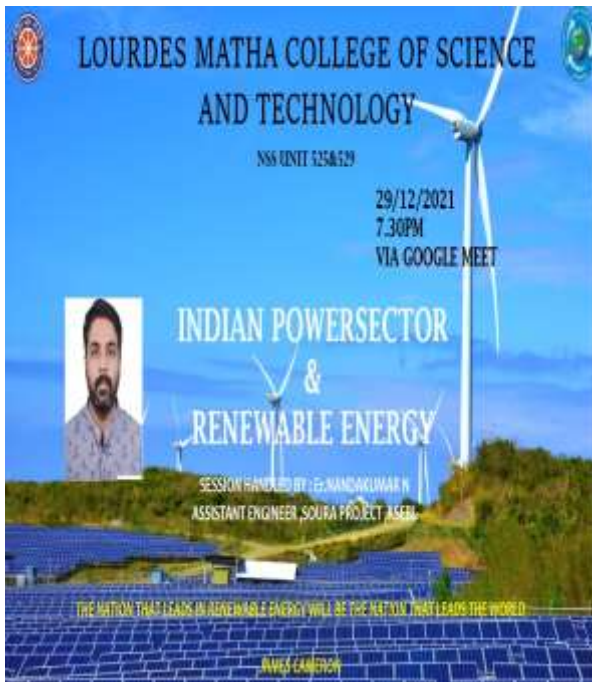


After the session the certificate of appreciation was presented virtually. At last vote of thanks was delivered by Ms. Adithya Anil A.S The session was winded up

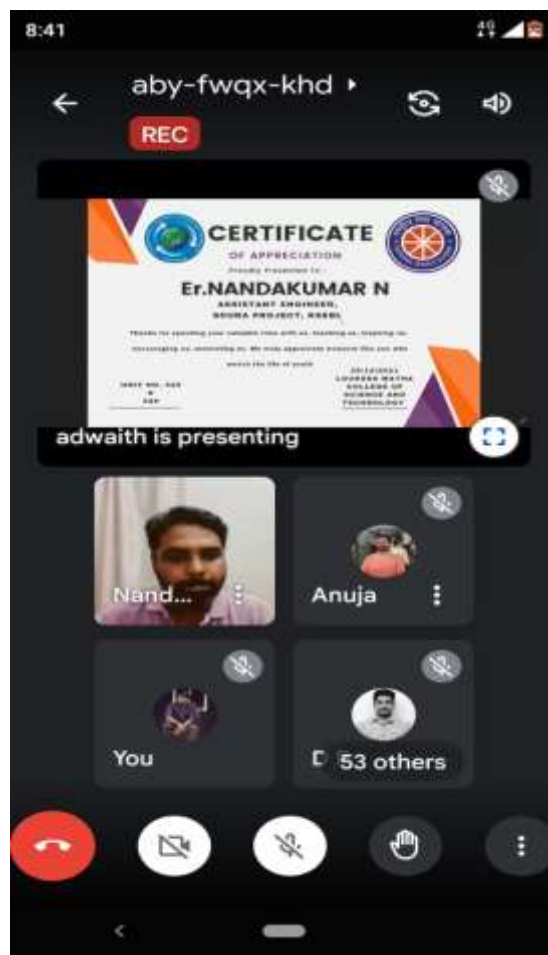


successfully.

The third academic session was at 7.30 pm, coordinated by team Bluebells . The session was about “Indian Power sector & Renewable Energy” was handled by Er. Nandakumar N, Assistant Engineer, Soura project. Compering welcome speech, NSS anthem was delivered by Mr. D.R Gokul ,Ms. Apsara, Mr. Adwaith respectively .The session was informative and important for our community service. Session helped us to understand various power sectors and about various energy sources.



After the session the certificate of appreciation was given virtually. At last vote of thanks was delivered by Ms.Arya M.S.



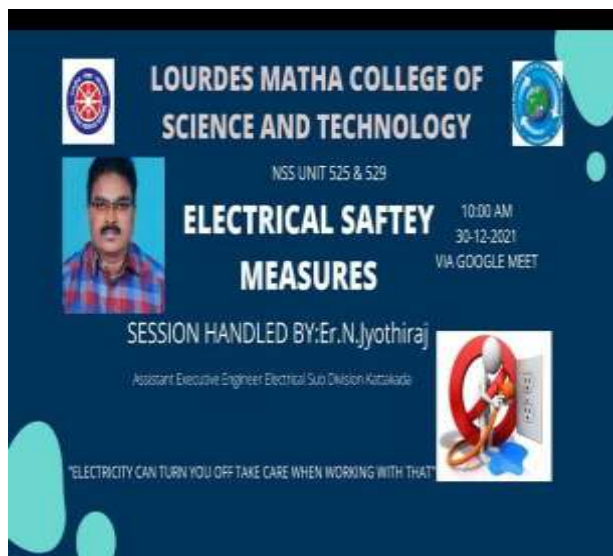
After all the sessions and activities camp evaluation was headed by NSS program officers Asst.Prof.Soorya SR, Asst. Prof Ashitha SS. They gave guidance and corrected our mistakes and then members from various groups shared their camp experience all are interested and satisfied about camp. The third day camp winded up successfully at 9.00 pm.

30/12/2021

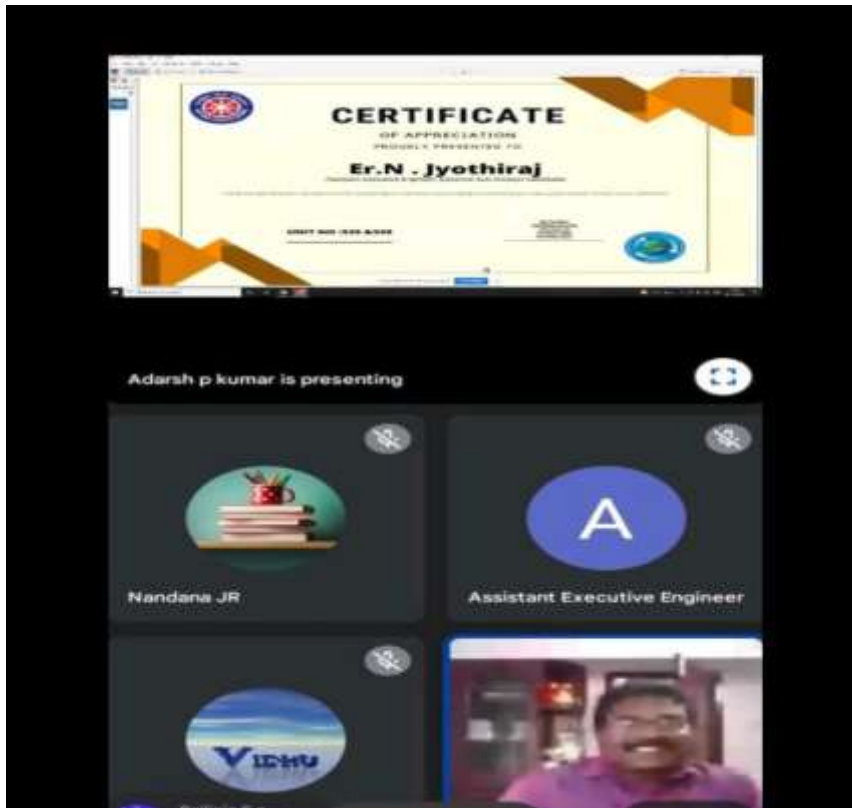
The fourth day's program began at exactly 7:30 in the morning. The Morning exercise was led by the bluebell team and D.R Gokul led the exercise

training. The morning assembly was started exactly at 8:00 led by the Mayil & Daffodils team. The program begin with NSS song. Very nicely both teams held the Morning Assembly and then ended by announcing that everyone would attend the next session by 9.55 AM.

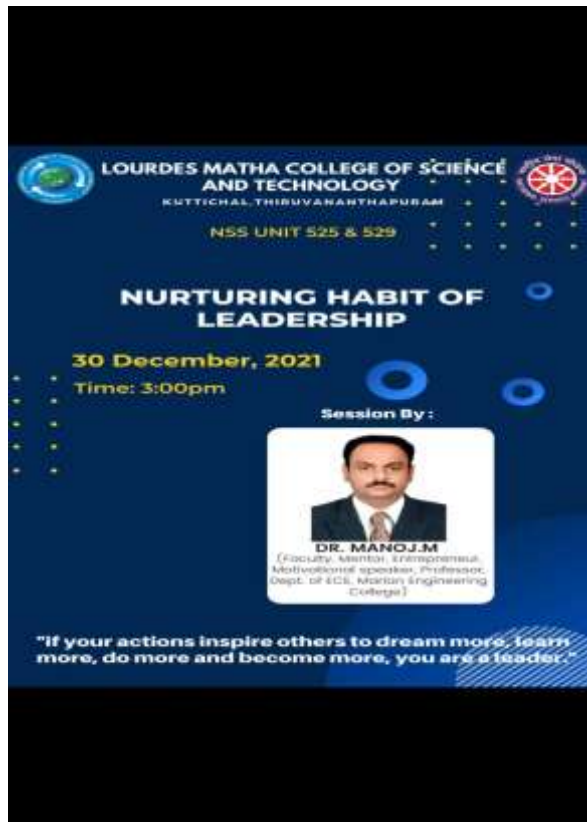
Then the next session started at 10 AM. Lead by the Falcon team, Jyothi Raj took a class on 'Electrical Safety Measures' and NSS volunteers attended the class with great responsibility.



He took a nice session on electrical safety measures. As a token of thanks we presented him a digital certificate.



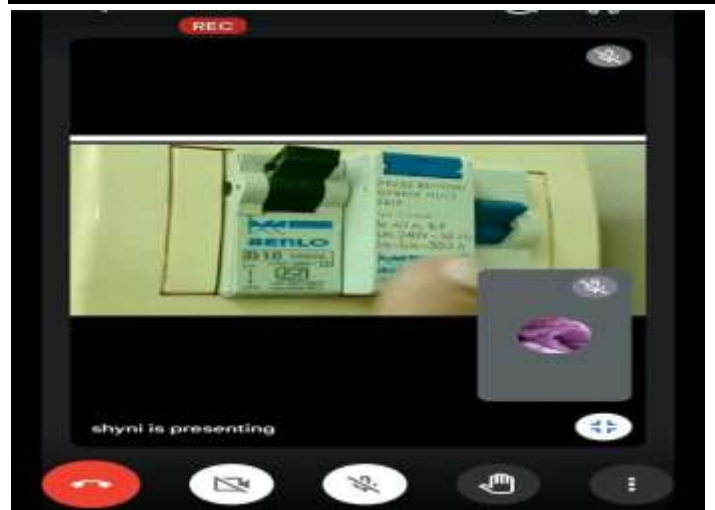
Next technical session starts at 3 pm. Dr. Manoj, Mentor, Motivational Speaker, Dept. of ECE took a class on the subject of “Nurturing habit leadership” led by the Neelakurinji team. He motivated the students very well.



As a token of thanks we presented a digital certificate.



The next technical session starts at 7.30 pm. The session was handled by Er. Shiny.K.P, Assistant Engineer, KSEB, Kozhikode. She further elaborated on the subject of Electrical safety measures.



She was honoured with a token of gift for a very good session .



At 9 pm, all team members share their experiences of the day and the Program Officer concludes the day by giving instructions on the tasks for the next day and camp evaluations were done successfully.

31/12/2021

The first 4 days of the camp were conducted through online mode and the last 3 days were conducted through offline mode. 59 students registered to attend the camp in 2 units; 525 and 529.

The fifth day program started at 10.00 am. The camp started in offline mode. Volunteers arrived at the college on time. After flag hoisting the session started.



The first session was led by the Nightingale team. The class was on Significance of National Service Scheme in Modern Society.

The class was taken by Prof. Daisylet, Former P.O, Christian College, Kattakada. Madam gave a very useful class. Madam also taught an African song and everyone sang it. The program began with Mr. Adwaith's NSS prayer song. Mr. Afsal anchored the program. Mr. Bailinjo delivered the welcome speech. Mr. Jayashankar delivered the vote of thanks.



H34X+XX4, Lourdes Hills, Kuttichal, Kerala 695574, India

Kuttichal

Kerala

India

2021-12-31(Fri) 10:42(am)

30°C

86°F



As a token of our appreciation, a gift was shared with Prof. Daisylet by our Treasurer Rev. Fr. Varghese Edachethra.

The second session started at exactly 11 in the morning. The event was led by the Mayil Group. The second session was on the topic Fire and Safety. The guest was Mr. Tulasidharan Sir (Fire and Safety Officer, Kattakada). It was a very good class. Then a fire and safety mock drill was conducted. He also took a class on how to use a Fire Extinguisher. The NSS prayer song was sung by Miss Nayana Raghu. Mr. Anantha Krishnan presented the program. Prof. Daisylet madam delivered the welcome address. Prof. Soorya thanked the audience.



At the end of the program, Mr. Tulasidharan Sir was honored with a gift of appreciation.





Lunch break was between 1:00 pm and 2:00 pm.

Electrical Energy Audit was done in community service from 3 to 5 p.m. The 9 groups collected information directly from homes in 9 different directions. It was a great opportunity to get to know the problems of the people first hand. They distributed handouts prepared related to electrical safety. Then at exactly 5 o'clock everyone returned to the college.

- nyúl szarv: 50 mg/nap, 45% szarv;
szarv: 50 mg/nap, 45% szarv;

- தலைநகரம்: நேபாளம்
- மொழி: நேபாளம்





വാഷിംഗ് ടൺഷിൻ



ഗോ ഇലക്ട്രിക് ക്യാബനായിൽ



ഇവിടെ നിന്നുള്ള നേട്ടങ്ങൾ

SOURA പുസ്തകം

- ആദ്യത്തെ പ്രവേശനങ്ങൾക്കായി KSEB SURA സ്വീകരിച്ചിട്ടുണ്ട്. ഇത് പദ്ധതിയുടെ ഭാഗമായി പ്രവേശനങ്ങൾക്ക് അനുമതി നൽകുന്നതിനായി സൗകര്യം ഒരുക്കുന്നതിന് സൗകര്യം പരിശോധിക്കുന്നതിനായി 2 മാസത്തിനുള്ളിൽ പദ്ധതിയുടെ

1. KSEB-യുടെ ഉപഭോക്താവും സംയുക്തമായി സൗകര്യം നിലവിലുണ്ട്.
2. ഉപഭോക്താവിന്റെ കീഴിൽ KSEB സൗകര്യം നിലവിലുണ്ട്.

തോഡൽ 1
 ഈ സമയ സന്ദർശിപ്പിച്ചതിൽ
 ഉപയോക്താക്കളുടെ തോഡൽ വൈദ്യുതി
 ഉപയോഗത്തെ അടിസ്ഥാനമാക്കിയുള്ള 3
 വൈദ്യുതി തോഡങ്ങൾ KSEB
 അവതരിപ്പിക്കുന്നു. നമ്മുടെ തോഡൽ പ്രതിരോധ
 വൈദ്യുതി അനുയോജിപ്പിച്ച് നമ്മുടെ 3 വാഹനങ്ങൾ
 തിരഞ്ഞെടുക്കാം.
 പൂർണ്ണ തോഡ് : 2KW അല്ലെങ്കിൽ 3KW.
 സാധാരണയ്ക്കും : നമ്മുടെ നിക്ഷേപത്തിന്
 കൂടുതൽ ഇളവി് വരുത്തും (ഏകദേശം) ഷിഫ്റ്റ്
 ഫീസ് : 1000/-

യോധൻ 2
 പ്രവേശനനാളിന് ബാറ്ററുകൾ ഫ്ലാറ്റ് ഉണ്ട്.
 കൂടാതെ ഇതിൽ: ക്യാമ്പസും; നോട്ടീസർ ഫ്ലാറ്റ് ആയി
 പ്രവേശനിക്കാത്തവർക്കിടയിൽ; കഴിഞ്ഞു കഴിഞ്ഞു; ബാറ്ററുകൾ
 ഫ്ലാറ്റ് വെക്കിയെ അടിസ്ഥാനമാക്കി നിയന്ത്രിച്ച്
 ഫ്ലാറ്റ് വിടാത്തവർ 40% വരെ സംസ്ഥാനത്തിൽ
 ആയിട്ടുണ്ട്. ബാറ്ററുകൾ കഴിഞ്ഞു.
 ഫ്ലാറ്റ് വെക്കി : കൂടാതെ ഫ്ലാറ്റ് വെക്കി 2KW
 ആയിരിക്കണം.
 ഫീസ് : 4000-650

வெண்பூத சுந்தரி

- അപകടങ്ങൾക്കൊയുള്ള കാരണങ്ങൾ:

- * ചെട്ടിയ കണ്ടുകുറിന് സ്പർശിക്കുന്നു.
- * Ele.യെനിശ്ചിത അന്ധി.
- * അശ്വമേധയം മറ്റും മറ്റും.
- * ഇരുമ്പ് ദണ്ഡുകൾ ഉപയോഗിച്ച് പഴങ്ങൾ പഠിക്കുന്നു.

- നിർമ്മാണ അപകടങ്ങൾ:

- * അൽകാലിക വസ്തുക്കൾ
- * ഉയർന്ന തോതിൽ ഡ്രൈഡ് ചെയ്തവ
- * ഓവർപേസ് ചെയ്തവ
- * ലോഹവസ്തുക്കളിൽ ചൂടിച്ചയക്കുന്നവ
- * കേടായ ഉപകരണങ്ങൾ

- வெவ்வேறு ആധാരങ്ങൾ:

- * കറന്റ് നോട്ടീഷ്
- * ചാർജ്
- * സമയം

- അപകടങ്ങൾ എങ്ങനെ ഒഴിവാക്കാം?

- * എല്ലാ പിരിയ്വ് ബീബനക്കാട്ക്കും ഇന്റഡക്കൺ പബ്ലീയന.
- * 3 മാസത്തിലൊരിക്കൽ സംസ്ഥാനതല സൂക്ഷക യോഗം.
- * ഒരു പ്ലസ് സെക്കണ്ടിയിൽ ഒരു ഉപകരണം മാത്രം അനുവദിക്കുക.
- * മൂന്ന് പിൻ പ്ലസ് മാത്രം ഉപയോഗിക്കുക.
- * കണക്കുടി സ്കോപ്പിൻ നടന്നാൽ ഉടനെ 9496010101 എന്ന് നമ്പരിൽ ഉടൻ തന്നെ അറിയിക്കുക അല്ലെങ്കിൽ KSEB- യുടെ ടോൾ ഫ്രീ നമ്പർ ആയ 1912- വിമലക് നിലവിലുണ്ട്.

After snacks the volunteers took rest and The evening assembly started at 7 pm. The event was led by the Strix Varia & Blue Bell Group. Miss Anjana Rani anchored the program. Mr. Sangeeth sang the NSS prayer. Anantha Padmanabhan recited verses of Gita, Ashwin Santhosh recited Bible verses and Abhiraj B Nair recited Qur'an verses. Rahul P S read the news in Malayalam and English. Anantha Krishnan read Camp News in Malayalam and Kannan Santhosh in English. Apsara S delivered the vote of thanks. Finally, all the camp members sang the National Anthem.



Former program officers Sushant Sir and Sajith Sir accepted our invitation and attended the program. Camp Evaluation of the day at 8pm was shared by all team members. After dinner we had a fun art show called Ice Breaking. Assistant Program Officer Prof. Soorya and Ashitha.S.S gave all the instructions for volunteers. The day ended with the cutting of the New Year's cake.

1/1/22

1. The Programme coordination was given for the teams

a) Morning- Neelakurunji b) Evening- Falcon and c) Night- Pheonix.

The Food committee a) Morning – Mayil b) Noon- Strix varia c) Night- Blue bell

3) Morning assembly- Daffodils & nightingale

4) Cleaning and discipline - Nightingale 5) Camp report- Lavender

The new year starts by flag hoisting, Dr. Beshiba Wilson, HOD, CSE Dept and then with exercise coordinated by D.R. Gokul.



Our former program officers have supported in the morning assembly. After breakfast the academic session starts at 9.30 on “Values in life” by Rev. Fr. Sony Mundunadakkal, Ex. Director, LMCST.



The session ended by 12.00. The volunteers were given lunch break from 12.00 to 1.00. The founder president of Sahajeevan, Shri. Brahma Nayakam Mahadevan Sir, also enjoyed lunch with our volunteers. It was a great moment for us.

The next academic session started by 1.30 itself on the topic "Self Development". Brahma Nayakam Sir entertained and motivated the volunteers.



The session ended by 2.30 pm.

By 3.00 pm the volunteers cleaned the college campus and made preparations for setting a campfire too. They cleaned the EEE dept. and Open auditorium area.

After camp evaluation, they enjoyed the food and new year with cake cutting.



02/01/2022

Lourdes Matha College of Science and Technology seventh day of NSS camp of 2021-2022 batch had started at 7:30am with morning exercise. Every students participated to done the exercise without any fail. The exercise was taken by Mr.Gokul and Mr. Amalsha. After exercise morning assembly was conducted by Strix Varia.

After breakfast everyone assembled in Lomma hall at sharp 9:30am for cultural program. Every groups conducted different cultural programs according to their will. It was an interesting and wonderful session.





Each and every students participated and show their will power. After all lunch break had held.

After lunch break at 2:30pm closing ceremony was conducted. In this session Fr. Tomy Joseph Padinjareveetil (Director of LMCST) addressed the meeting. The awards were given for best male and female volunteers from each unit. Mr. Jayasanker is elected as best male volunteer and Ms. Gouri Nandana as best female volunteer of unit 525. And Mr. Gokul D.R. is elected as best male volunteer and Ms. Anuja B.S as best female volunteer of unit 529. Mayil and Lavender are

the best teams from each unit .They were also got the awards. Some of the students share their camp experience in that session. After all the 7 day camp was winding up successfully at 4 pm.

