

CAMP REPORT

Lourdes Matha College of Science and technology, 2018-19 NSS technical cell has organised a 7 day camp at palaikonam village in Villa Nazerath school. 57 students have registered from 525 and 529 units for the camp. The registration process starts at 9.00 .The volunteers cleaned the campus premises and made arrangement for setting the camp.

At exactly 4.30 PM, NSS program officer Sri Susanth sir, respected LMCST principal Dr.P.P Mohanlal along with our LMCST hostel warden Rev father Namby madathil inaugurated the programme.

Volunteers started inaugural ceremony with prayer song by Ms Neethu. Respected principal, Sri Dr P.P Mohanlal sir gave the presidential address and Prof Sri. Susanth gave the Volunteers welcome speech. Panchayat president of kuttichal panchayat G.Manikandan



inaugurated the ceremony officially. Rev father Namby madathil, wished volunteers with his felicitation. Education standing committee chairperson, Sri Sudheer addressed the gathering with his inspiring words. NSS director Prof Daisylett also felicitated this session, who have been working as the program officer for more than 10 years. Finally, Amalsha, NSS volunteer secretary has presented the vote of thanks with full hearted respect and dedication. After the inaugural ceremony, Volunteers had a tea break. At 6.45 PM Volunteers created 10 teams to perform the task throughout the camp. The 10 teams include IRIS, LAVENDER, NISHAGANDHI, DAFFODILS, BLACK DALIA, MR BEAN, OGGY AND COCKROACHES, MICKEYMOUSE, MAYAKANNAN and DINKAN. Mrs Soorya, Asst program officer gave guidance for smooth working of the camp and to have a Volunteer level disciplined camp.

After the guidance and team forming sessions, Volunteers had their dinner. Volunteers then started icebreaking session with Prof Daisylett guidance and along with our beloved seniors . Every student was called on the stage to introduce themselves and perform a task which was given to them. The icebreaking session was completed with great enjoyment. At last, Prof

Susanth sir, had given an inspiring message with a story of Gandhiji . The session was completed and at 10.30 PM Volunteers go to their rooms for the night rest hoping that all good things would happen.

24 March 2019,



Second day of NSS Camp. Program officer Mr.Sajith Krishnan hosted the flag and started the events. NSS Volunteer Amalsha led morning exercises. The 525 & 529 units Iris and Mayakannan had done morning assembly. Comparing was done by Ananthanunni. Sreelekshmi read the news of previous day. After that the yoga section was conducted by program officer Sushath sir and Khalis. After the breakfast at 9am. There was a class on topic looking forward with



confidence by KSEB Assit. Engineer Jose Ebenees Sir. The NSS volunteers enjoyed and achieve motivation from that class.



Volunteers visited chonanpara settlement at kuttichal gramapanchayat at 2.30 PM. Volunteers visited each house and collected information about their primary needs. After that volunteers departed to the camp center around 5.40 PM within the allotted time schedule. NSS volunteer where allowed Volunteers to use their phones. At 7 pm NSS volunteer gathered for discussing the reviews about the survey. After dinner team lavender and mickeymouse performed various cultural programs.



In the presence of NSS program officer Sushath sir, sri Sajith Krishnan ,Asst prof Soorya S R, Asst prof Revathy, NSS volunteer seceratary Amalshah, Aswin RS,Neethu and around 10 more members from different group share their view points, suggestions around the camp. After that the respective NSS program officers shared their reviews and corrected their mistakes. NSS program officer sri Susanth announced the groups for performing next day day activities. The

day was ended with wonderful thought. “The money and profit earned through hard work can only give self-satisfaction” by sri SUSANTH sir.



On 25/3/2019, third day of NSS camp, the day started with the warm up section led by senior volunteer Aswin. Ajin told the Volunteers welcome speech. Inviting the cheif guest Proff.Revathy, the program officer Mr.Sushanth and Mr.Sajith ,Assistant program officer



Ms.Surya and also the senior volunteers. After that Prof. Revathy hosted the flag. Along with that Manav geetham was recited by volunteers Ajin, Akhil, Shiva. The quotes from Bhagavath geetha, quran and bible was told by Sangeeth, Lekshmi & Anushma. Aiswarya sang the light music. Thoughts for the day was shared by Vismaya. Then the next section is yoga was taken by program officer Mr.Sushanth.S.G and senior volunteer Khalis. the section lasted upto 7.30Am and after that everyone have their breakfast.



At 8.45am all left the camp for the survey at Nanthancode, Sasthamangalam, Kuravankonam and kowdiar wards of Trivandrum city. The survey was successfully done and everyone gathered at PMG Church of Lourdes Matha for having lunch. At 3pm all left from their for conducting the survey at Sasthamangalam.



At 4.30pm Volunteers all departed and reached the camp at 5.45pm. The session on Cyber Laws was taken by Prof.Roy.K.Varghese. The class started at 6.00 pm and the detailed explanation about LTACT 2000-criminal aspects was conveyed to all the volunteers.



Then the cultural session started at 8.00 pm after having dinner. Feedbacks, experiences



and the details of two surveys that was taken from Kottor and Trivandrum city was shared by the volunteers. Program officers Mr.Sushanth, Mr.Sajith Krishnan and Associated programme officer Surya ,LMCST Prof.Anjana, Proff.Amal sir, senior volunteers Aswin, Neethu, Fathima gathered for the camp review. They appreciated that all the committees for completing their duties successfully. The program officer Mr.Sajith sir told the Lourdes Matha College became first in completing the survey and congratulated the efforts of each team.



The fourth day of NSS camp began with Vishu Kani .



The stretching exercises led by volunteer secretary AmalShah. The morning assembly was conducted by Oggy & the cockroaches & daffodils team. The flag was hoisted by Smt.Smitha miss and the manavageetham was sung by Abhishek & team. Quotes from Bhagavatgeetha, Holy Bible & Quran was said by Nandagopal, Krishna and Fathima Razla. Light music was sung by Ancy. News from both English and Malayalam languages were said by Gokul G.T & GokulHari.Camp report in both English and Malayalam was said by Harishankar.The gathering was addressed by the chief guest Smitha miss.



The yoga was led by Mr.Sushanth sir &Khalis.Sooryanamaskar was taught in the class.After the breakfast the academic session started at 8.00 am. The class was handled by Fr.SonyMundunadackkal,



on the topic "Personality Development and moral values". After the teabreak at 10.30 AM, the next

session was handled by Mr.Prasobhanan, Senior Forest Officer on the topic “Bio-diversity Conservation”.



Fr.Tomy Joseph Padingareveetil, Managing Director LMCST and Fr.Evis, Burser of LMCST visited the camp and spent time with us. After lunch the session was handled by Mr.S.Sreenath, NSS Trainer on the



Topic “NSS as a platform to build social Engineers”. He gave advice about personality development and what be an NSS member truly means. He also included interactive games in the session to improve our team work. Then Volunteers started preparation for leaving camp by cleaning the school surroundings.



After dinner at 8.00 pm, cultural activities were conducted by team Iris and Mayakannan. Camp evaluation was done and various volunteers shared reflection on present days activities. Sent off was given to Ms.Soorya and the day was ended with a wonderful thought from ‘wings of fire’ ,the autobiography of Dr.A.P.J Abdulkalam.



On the sixth day of camp, 28/03/19 morning exercise lead by NSS senior volunteers Aswin and Amalshah. The assembly was conducted by teams Dinken and Nishagandhi. Afterwards comparing was performed by Ravishankar. The flag was hoisted by Mr. Sushanth.S.G at the beginning of the assembly and special mention was given for the statue of saint Joseph Carasans than Volunteers perform the assembly and morning exercises in front of everyday. The thought of the day given by Mr. Susanth was about respecting the parents. Yoga session was also performed by Mr. Susanth.S.G with assistance by NSS volunteers Ajin and



Mahesh.



From 8.30 am to 10.00 am session was handled by Ms. Daisylet. The volunteers learned about personality development as Volunteers II as 3 NSS songs. Election was then performed for best team and also for best NSS volunteer from each unit. From 10.30 to 12.30 class was held by psychologist Dr. S. Suresh Kumar with the topic "How to be Positive".



At 1.30 pm the team started to Kottoor Valipara settlement for survey. Volunteers returned to the school at 6.00 and had survey review at 6.30 pm. Cultural program was held at 7.00 pm and camp fire at 8.00 pm. Camp review was held at 9.30 am where over 10 volunteers gave thanks to senior volunteers. The day ended with a meaningful poem at 11.30 before lights Volunteersnt off.



On the seventh day, Prof. Divya hoisted the flag and started the events. NSS Volunteer Amalsha led morning exercises. The 525 & 529 units Iris and Mayakannan had done morning assembly. Comparing was done by Ananthanunni. Sreelekshmi read the news of previous day. After the morning assembly, the closing ceremony was started. Mr. Susanth. S. G presided the function. Felicitation was done by Mr. Sajith Krishnan, Ms. Ashitha. S. S, Ms. Fathima, Ms. Neethu. R. Nair,



